



# Do Drugs Contain What We Think They Contain?

Results from CUSP: The Community Urinalysis and Self-Report Project

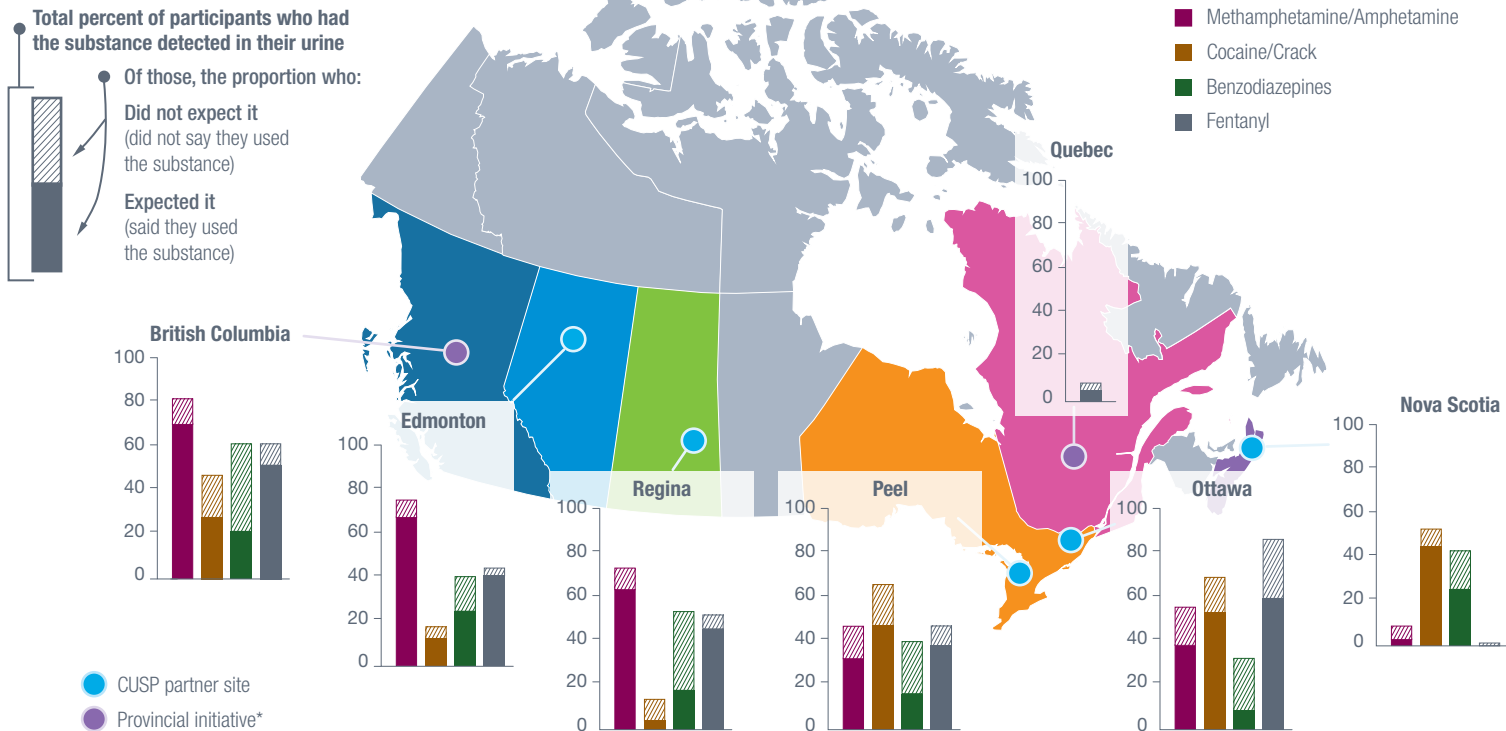
## WHAT WE DID

### The Takeaway

Drugs from the unregulated market often contain added substances that people who use drugs do not know are there or do not intend to use. **This is a key driver of unintentional drug poisoning and the drug poisoning crisis.**



## WHAT WE FOUND



\* For more information, see [BCCDC Harm Reduction Client Survey](#) and [Projet suprarégional d'analyse de drogues dans l'urine de personnes qui consomment au Québec](#).

## WHAT THIS SHOWS

- There was unexpected use of fentanyl, benzodiazepines and stimulants in every region
- The extent of expected and unexpected use varied greatly by region

## WHAT THIS MEANS

- People are being exposed to substances **without their knowledge**
- It is hard to pinpoint how much this is happening because it **varies** across the country and over time
- Our findings are one example that the unregulated drug supply is **unpredictable**
  - There is no quality control so unexpected substances appear and change all the time
  - Even expected drugs occur in unexpected amounts and pose their own risks (not shown here)
  - This makes it difficult to prepare for and prevent emergencies and deaths
- This is driving accidental drug poisoning and our current drug poisoning crisis

## WHAT YOU CAN DO

- Learn more and tell others about the unpredictable drug supply and unintentional drug exposure
- [Learn how to use naloxone](#) to help address unintentional opioid poisoning
- Engage with your community to help find ways to get ahead of the problem and address its risks

For the latest findings, visit the [CUSP webpage](#).