

for Canada's Substance Use and Mental Health Workforce v. 3



Evidence. Engagement. Impact.

Behavioural Competencies for Canada's Substance Use and Mental Health Workforce v.3

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ADAPTABILITY AND FLEXIBILITY

Each individual willingly adjusting their approach to meet the demands and needs of constantly changing conditions, situations and individuals, to works effectively in difficult or ambiguous situations.

Oil	1 = Foundational 2 = Developing				3 = Proficient	4 = Advanced				
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	1.	Demonstrates recognition that other points of view and ways of doing things have value	1.	Remains effective and retains perspective under changing or unclear conditions	1.	Supports and adapts to major changes that challenge traditional ways of operating and thinking	1.	Revises organizational or project plans to meet new demands and priorities		
	2.	Readily shows flexibility and expresses willingness to do things differently, accepting change and	2.	Accurately reads and understands emotional, interpersonal and environmental cues, and adjusts	2.	Provides support and guidance to others to assist them in adapting to difficult or changing situations	2.	Recognizes and responds quickly to shifting opportunities, relationships and situations		
	3.	diversity in approaches Adjusts priorities and work goals as necessary when working under	3.	own behaviour accordingly Seeks to understand and incorporate the needs of different	3.	Exercises flexibility in approaches while maintaining professional integrity and organizational values	3.	Performs effectively amid continuous change, ambiguity and, at times, apparent chaos		
	4.	changing or unclear conditions Expresses emotions in an appropriate manner, while	4.	and diverse individuals and groups across a range of situations Gathers evidence from a variety	4.	Identifies various risks and fosters a safe environment that is inclusive of everyone involved	4.	Leads by example to create an environment aligned with the values of the organization, and supports		
လ္	5.	maintaining hope during changes Adapts approach to match the needs of others, respecting		of sources to assess changing plans and priorities, and makes informed choices based on available	5.	Seizes opportunities to communicate convincingly about the necessity and positive impact of	5.	safety and healthy boundaries Provides support systems (e.g., retraining programs) to deal with		
EXAMPLES		the importance of cultures and recognizing that others' needs might differ from what one is familiar with		information	6.	healthy change in organizations Tracks and analyzes the impact of organizational change, making	6	unanticipated and challenging results of change activities Provides awareness and change		
EXA	6.	Asks others for input and feedback on changes that will affect the work unit, supporting respective			adjustments to the implementation of the change initiative as needed	0.	training to respond to evolving awareness of cultural safety needs across diverse groups and			
	7.	communication of concerns Strives to develop a healthy			7.	Cultivates the ability to adjust responses to individuals from diverse backgrounds and contexts	7.	Indigenous communities Provides guidance on incorporating		
		perspective on change, adapting in an informed and respectful manner to demanding and changing		3				Seeks and incorporates evidence on factors affecting equity during changes		analysis using an equity-informed lens across organization and services
		circumstances				changes		Anticipates and manages risks and uncertainties		
							9.	Defines the objectives of organization-wide change processes and establishes guidelines that ensure transparency, accountability, risk control and crisis management during the change process		

ANALYTICAL THINKING AND DECISION MAKING

Gathering, analyzing and evaluating information and evidence to determine possible alternatives and outcomes and make well-informed, timely decisions. Includes critical thinking and reasoning skills.

Inc	clud	es critical thinking and reasoning sk	ills.					
		1 = Foundational		2 = Developing		3 = Proficient		4 = Advanced
	1.	Gathers relevant information, consults with others, and asks questions as necessary to make informed decisions Analyzes component parts of	1.	Consults others, researches information and determines relevant patterns or trends to understand the issue or problem and identify potential causes	1.	decisions to determine a course of action in complex, ambiguous or urgent situations Develops creative, forward-thinking	1.	Forecasts and identifies new issues and develops strategies to position the organization to address emerging trends (e.g., capitalizesing on trends or taking action before issues escalate)
	 3. 4. 	problems and links them together to consider different options Makes timely decisions within limits of personal responsibility Makes decisions in line with professional and ethical standards,	3.	Makes decisions in alignment with organizational values and directions Evaluates the advantages and disadvantages of alternate approaches and possible courses of action, using critical thinking to implement plans that mitigate risks	3.	options and recommendations, soliciting opinions of others from a diversity of backgrounds to gain different perspectives Makes decisions using equity-informed and evidence-informed approaches, based on reasoning	2.	Considers and leverages bureaucratic and political systems, and external trends, organizations and relationships that could affect future outcomes or directions of the organization
EXAMPLES	5.	codes of conduct and organizational policy Explains and provides objective accounts of facts, issues, data or reports Incorporates an understanding of factors related to sex, gender, race, culture, trauma, violence, and Truth and Reconciliation into decisions, initiatives and approaches	4.5.6.	Uses diversity, equity and inclusion considerations to tailor courses of action Uses a variety of sources, including relevant experience, consultations and evidence-based knowledge when forming conclusions and making decisions Determines when to act quickly and decisively and when to deliberate on	 4. 5. 6. 	and experience, and in consultation with key partner Identifies and respectfully challenges judgment or decision making that is unclear or unsupported, or that reflects biases Evaluates the effectiveness and efficiency of solutions after implementation Identifies the potential impacts	3.	Ensures analysis-based factors that impact equity, trauma, violence, and Truth and Reconciliation are incorporated into training, projects, services and reporting Ensures partners (e.g., public, employees, community organizations, government, representatives of a diversity of backgrounds, including individuals
	 8. 9. 	Uses analysis of information, evidence, and past experience to develop possible solutions Identifies multiple courses of action, considering potential outcomes Identifies the key individuals who may be affected by the issues or decisions made in own area of work, taking into account differences in impact across diverse backgrounds		or contemplate decisions	0.	that trends or events may have on services, individuals seeking services, and employees of diverse backgrounds and contexts	5.6.7.	with lived or living experience of substance use, mental health or both concerns, and their families and friends) are appropriately involved in relevant decisions to ensure decision quality, understanding and buy-in Effectively anticipates the likely results of decisions and actions, foreseeing longer-term and broad, strategic implications of decisions Where feasible and appropriate, builds consensus prior to decision making Considers and balances organizational resources and constraints when making decisions

COLLABORATION AND NETWORK BUILDING

Identifying, creating and building capacity with informal and formal interdisciplinary networks and allied community groups, including individuals with lived and living experience, families and communities from diverse backgrounds, and Indigenous communities, to support the provision of service delivery and achievement of the organization's objectives. People who use services include individuals, groups, organizations and communities.

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2. 3. 4. 5.	Collaborates with interdisciplinary service providers, allied community groups, individuals with lived or living experience of substance use or mental health concerns, and their families from a diversity of cultures and contexts to achieve common goals Communicates openly; builds trust; and treats other service providers, individuals with lived and living experience, families, and community groups fairly, ethically and as valued allies Responds to professional and community group requests efficiently and effectively, as appropriate, respecting and valuing interpersonal differences Respects legal guidelines, policies, mandates and Indigenous protocols when collaborating Identifies the limitations of own understanding and competency in collaborating with individuals from other cultures and communities	 Identifies and develops contacts within potential allied organizations, including individuals with lived and living experience and interdisciplinary groups Proposes possible collaborative arrangements with members of identified networks Seeks input from and collaborates with networks from diverse communities Identifies and participates in organized interdisciplinary and community events to expand own network Collaborates with other providers to improve individual pathways and transitions 	 Promotes direct communication between allied organizations and other partners, including individuals with lived and living experience, to share information, discuss relevant issues and develop solutions to common problems Initiates partnerships and alliances representing a diversity of individuals and perspectives to promote organizational objectives Explores shared needs identified among networks to standardize and avoid duplication of work Monitors partnerships to ensure continued effectiveness, identifying when changes to the partnership are needed 	 Identifies, develops and maintains strategic partnerships that support and enhance the long-term direction of the organization Promotes the organization as a valuable partner with governments, communities, individuals with lived and living experience, and service providers Ensures processes are equity informed and culturally competent to encourage collaboration and partnerships with organizations representing a diversity of individuals and perspectives Ensures suitable policies, approaches and other supports (e.g., databanks) are in place to foster networking and collaboration, and to reduce stigma and bias Advocates on behalf of the organization, the profession and diverse groups of individuals who use substances, have mental health concerns or both, to increase knowledge of these fields and decrease stigma within the workforce and among the public Improves the collaboration between organizations to enhance personcentred care at the systemic and structural levels

CONTINUOUS LEARNING

Identifying and pursuing learning opportunities to enhance approaches, development and delivery of high-quality programs and services.

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EXAMPLES	 3. 4. 7. 8. 	Assesses self against current role's requirements, identifies learning needs and seeks support for learning Assesses self for biases in the field, recognizing how different factors impact own perspectives (e.g., culture, sex, gender, race, sexual orientation) Participates actively in learning opportunities provided (e.g., courses and feedback from supervisor or peers) to meet current job requirements Reflects on own performance (what did you do, what worked well, what needs improving) to identify lessons learned Applies new knowledge, skills and lessons learned to job in a timely manner and seeks feedback Takes responsibility for own learning and professional development Keeps up to date with developments relevant to the field and applies learning to own work Recognizes opportunities to learn from individuals with lived and living experience of substance use and mental health concerns and their families	informed and oriented toward well-being	2. Participates in activities to advance knowledge in the field 3. Creates opportunities to share best practices with others inside the organization 1. It is add value to current position learning opportunities for self and others when assessing new projects or programs 3. Uses organizational change as an opportunity to develop new skills and increase knowledge in self and

CREATIVITY AND INNOVATION

Using evidence-informed approaches in innovative and creative ways to initiate effective new ways of working and to advance understanding of the field. Innovation and creativity are achieved by collaborating with partners to optimize improvements in service delivery and approaches.

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 2. 3. 4. 5. 	Is open to new ideas and experiences	 Considers situations and problems from different perspectives, keeping an open mind to new possibilities Uses a variety of best-practice-and strengths-based methods and techniques to address diverse issues and populations Initiates brainstorming activities to support and encourage innovation 	 Draws upon a broad empirical and theoretical knowledge base, including evidence-informed approaches and experiential evidence from individuals with lived and living experience; adapts existing approaches and techniques to meet the unique needs of specific situations Creates new ideas, solutions or approaches to ongoing challenges and problems Explores best current knowledge in the field, and adapts and applies this knowledge to reflective practice as a source of inspiration and insight into new options and solutions Draws links between seemingly unrelated issues and ideas, and identifies what is not apparent to others Develops innovative, contextually relevant intervention methodologies that incorporate both the rigour of research and the shared experience of individuals and care/service providers 	 Supports and encourages others in generating new and innovative approaches Recognizes innovation grounded in evidence and draws upon a broad empirical and theoretical knowledge and experience base Assesses the likelihood of success of creative ideas and proposed innovative approaches Creates new equity-informed and culturally competent models, interventions or approaches that have wide-ranging impacts on a program or area Provides expert insight into problems to assist others in exploring and creating new approaches Identifies and implements programs and approaches that support creativity, innovation and continuous quality improvement across the organization Challenges organizational policies and approaches when evidence indicates change is necessary

CULTURALLY COMPETENT AND EQUITY-INFORMED APPROACH

Providing inclusive, equity-informed, equitable and timely services to diverse populations and cultures,* including age, sex, gender, language, ethnicity, socio-economic status, legal status, health, ability, sexual orientation, mental health, type and mode of substance use, continued substance use, concurrent concerns, etc. Challenging oppressive structures and unequal power relations; affirming and valuing the worth of all individuals, families, groups and communities; and protecting the dignity of all with cultural awareness, competence, sensitivity, humility and cultural safety.

discriminatory practices in the

workplace

*Ref	*Refers to the distinct cultures that exist around Indigeneity, ethnicity, sex, gender identity, mental health, substance use, etc.								
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2 EXAMPLES 3 4	intersecting identities and how these shape individuals' opportunities and life experiences, including diverse experiences of stigma Understands the macro or systemic nature of oppression, as well as meso and micro levels of oppression Understands the principles of equity-informed approaches and implements them in all interactions with individuals, families, groups and communities Understands the concepts of	 Recognizes any power imbalances in the care/service provider–service user relationship and actively seeks ways to minimize or eradicate this imbalance Actively seeks to create non-oppressive relations rooted in equality using equity-informed principles and approaches Evaluates psychosocial impacts of oppression accurately in dialogue with individuals Supports individuals in exploring and identifying culturally competent solutions to their care and well-being goals, including referring individuals for external services that better meet or validate their needs Engages in activities that support the development of other world views and perspectives 	 Seeks opportunities to advance a workplace climate that supports and respects diversity in the delivery of services Applies an understanding of the influences of equity and diversity factors on health, beliefs and behaviours to improve services Possesses knowledge and understanding of varied historical, cultural, spiritual, political and socioeconomic issues that affect diverse populations, and develops effective, inclusive and respectful working relationships with these individuals and groups Supports diverse groups in developing and implementing strength-based solutions to problems such as equity and access to care 	 Leads organizational change to adopt and implement policies, principles and approaches informed by equity, trauma, violence, and sexand gender-based analysis Takes a leadership role in shaping an organizational vision, mission and service delivery system that reflects and supports diversity, builds culturally safe services, and actively reduces stigma and inequities Develops and implements strategic action plans, policies and procedures that support equity and diversity within the organization Develops and implements strategies to identify and remove gendered, cultural and diversity barriers to accessing services and supports for staff, individuals, families, groups and communities 					
7 8	attitudes, biases and behaviours with respect to culture and diverse identities Uses person-first language in all communications	views and perspectives 6. Seeks out opportunities to incorporate and promote culturally competent programs and treatment modalities to the individuals, families, groups and communities served 7. Recognizes how language perpetuates stigma and oppression, identifying ways to communicate that are culturally competent and equity informed 8. Demonstrates commitment to identifying and addressing inappropriate behaviour or	 Identifies and promptly addresses inappropriate behaviour or discriminatory practices in the workplace Challenges own assumptions and behaviour, exploring different world views, values, traditions and ways of knowing Encourages individuals to recognize their core beliefs and supports person-centred goal development and pursuit based on each individual's core beliefs and experiences 	 Consults or works in partnership with representatives from diverse communities to inform organizational planning Develops and implements strategies to address barriers to recruitment, hiring, promotion and retention of women and individuals from diverse cultural groups Engages in community building in partnership with service users 					

CULTURALLY COMPETENT AND EQUITY-INFORMED APPROACH

Providing inclusive, equity-informed, equitable and timely services to diverse populations and cultures,* including age, sex, gender, language, ethnicity, socio-economic status, legal status, health, ability, sexual orientation, mental health, type and mode of substance use, continued substance use, concurrent concerns, etc. Challenging oppressive structures and unequal power relations; affirming and valuing the worth of all individuals, families, groups and communities; and protecting the dignity of all with cultural awareness, competence, sensitivity, humility and cultural safety.

*Refers to the distinct cultures that exist around Indigeneity, ethnicity, sex, gender identity, mental health, substance use, etc.

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EXAMPLES	9. Seeks to increase personal awareness and understanding of diverse groups by educating self; practices cultural humility 10. Respects the choices of individuals and remains open to learning from individuals, families, groups and communities served 11. Demonstrates willingness to learn from own discomfort	9. Identifies and seeks resources in the community to understand individual and community needs in the context of their cultures and experiences 10. Advocates for the elimination of oppressive social processes and conditions 11. Continually assesses self and engages critically with personal unconscious biases	3 = Proficient	8. Develops opportunities for community-based participatory research activities that build capacity and strengthen the diverse individuals, families, groups and communities served 9. Leads, promotes or engages in social justice activities that result in transformative change at the individual, family, group, community and societal levels 10. Leads in collaborating with individuals receiving services to create meaningful opportunities for change at all levels of systems and services

DEVELOPING OTHERS

Facilitating and motivating sustained learning and creating learning opportunities and resources, as well as promoting and respecting others' ownership of learning outcomes. Includes creation of a continuous learning environment that fosters positive growth in both work and public contexts among peers, individuals, families, communities and other groups.

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EXAMPLES	 Establishes rapport, creates a safe environment and raises individuals' self-awareness prior to gaining co-operation in initiatives aimed at learning Assesses the current knowledge, skills, education and information needs of individuals, and develops a plan to address these needs Identifies and provides education resources and materials to enhance learning activities designed to fit the individual, their family and culture, and any special needs Evaluates progress toward achievement of goals and adapts learning strategy as needed Provides constructive feedback on progress toward goals in a collaborative and open fashion 	1. 2. 3.	Engages individuals in problem solving around learning needs, and works to develop viable and agreed-upon action steps and solutions (e.g., SMART goals: specific, measurable, achievable, realistic, timely) Facilitates learning by using examples and evidence that are relevant to or draw on experience of individuals from a diversity of backgrounds Recognizes and reinforces the abilities, efforts and improvements of the individual; offers reassurance and expresses confidence in the individual's potential to grow, while maintaining realistic expectations Gives constructive feedback to coworkers and employees that focuses on problems and behaviours rather	1. 2. 3. 4. 5.	Identifies individuals' strengths, areas for development and learning style, and incorporates these into learning strategies Uses a variety of creative and effective facilitation methods to design and develop learning methodologies and materials Creates a comfortable and safe group environment for learning and sharing; establishes positive tone of mutual respect and trust that encourages mutual sharing of information (e.g., within a learning group) Demonstrates familiarity with group dynamics in group learning situations and adapts facilitation style accordingly Seeks common ground and assists groups to focus on their similarities	2.	Identifies needs and develops learning strategies, initiatives and action plans for the organization and for community groups Develops organizational initiatives to share and evaluate learning efforts, best practices and differential learning models Implements strategies to foster, support and sustain a learning culture within the organization and greater community Encourages exploration and reviews of evidence to assess impact and efficacy of learning efforts Sets goals and objectives that are realistic yet challenge others to excel, leading to more advanced skill development Takes opportunities to share
	 6. Presents information clearly, logically and in terms the individual can understand, and collaboratively explores how the information will help 7. Keeps up to date on new developments in own field of work 	 6. 7. 	than personalities Where appropriate, involves individual's networks and collateral sources in educational pursuits, while honouring and respecting any confidentiality and legal constraints Recognizes the different ways individuals learn, adapting own approach accordingly	6.	groups to focus on their similarities rather than differences Evaluates group learning needs and plans group developmental activities based on sound evidence and experience	0.	information, teach and model best practices

EFFECTIVE COMMUNICATION

Articulating both verbally and in writing across a range of technologies and contexts in a manner that builds trust, respect and credibility, including in-person and technology-assisted communication (e.g., video conferencing, texting, social media). Checking with the audience to ensure the message is received and mutually understood.

		1 = Foundational		2 = Developing		3 = Proficient		4 = Advanced
		Actively listens to understand others without judgment or bias, attending to verbal, emotional and contextual cues	1.	Tailors communication to the audience, adapting style, language preference, content and format as appropriate	1.	Continuously hones and polishes communication skills, seeks candid feedback on communication impact and includes self-reflection learning	1.	Communicates complex issues clearly and credibly with widely varied audiences in various formats (e.g., social media, academic settings, community presentations)
EXAMPLES	5.6.7.8.10.		 3. 4. 7. 	•	 3. 4. 7. 8. 		 3. 4. 7. 	
		and shorted toward well being						

EFFECTIVE COMMUNICATION

Articulating both verbally and in writing across a range of technologies and contexts in a manner that builds trust, respect and credibility, including in-person and technology-assisted communication (e.g., video conferencing, texting, social media). Checking with the audience to ensure the message is received and mutually understood.

	1 = Foundational	2 = Developing	3 = Proficient	4 = Advanced
	12. Maintains regular communication with others13. Recalls others' main points and takes them into account in own communication		 9. Uses real-world examples to provide context in communication 10. Manages own responses to emotional triggers, considering how such responses may affect others 	
	Checks own understanding of others' communication (e.g., paraphrases, asks questions)			
EXAMPLES				

ETHICAL CONDUCT AND PROFESSIONALISM

Providing professional services according to the principles and values of integrity, competence, accountability, respect and trust to safeguard both self and others. Includes the development of professionalism and ethical behaviour in self and others (e.g., individuals, groups, organizations, communities).

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	1 = Foundational	2 = Developing	3 = Proficient	4 = Advanced
1. 2. 3. 4. 5. 6. 7.	Understands and adheres to principles and a code of conduct established by one's professional body or employer and reports ethical violations to supervisors as appropriate Maintains knowledge of and abides by relevant legislation for region and area of focus (e.g., age considerations in obtaining informed consent) Participates in continuous learning activities to remain current with professional knowledge and maintain certification or professional association requirements Incorporates evidence-informed approaches into work whenever possible Restricts focus to own area of training and expertise, and only makes claim to earned and actual professional credentialing and experience Makes appropriate referrals and recommendations where lack of expertise or organizational mandate dictates Avoids dual relationships and conflicts of interest where applicable (e.g., familial, sexual, social, financial, business) and honestly accounts for relationships	 Articulates and practices a model of ethical decision making to inform approaches and provide reasonable alternatives and solutions to ethical dilemmas and issues Participates in and advocates for appropriate supervision Identifies and addresses issues when objectivity is compromised Sets personal and professional boundaries and limits to prevent or mitigate job-related fatigue and burnout Maintains appropriate relationships with an understanding and respect for working with individuals, refraining from exploiting them for any personal or professional gain Consistently acts in an honest, trusting and respectful manner with others at all times, contributing to the integrity associated with ethical conduct Routinely reflects on own biases to eliminate stigmatizing attitudes and behaviours 	related to ethics with colleagues to explore considerations and potential solutions for ethical dilemmas 2. Provides guidance to others to ensure they understand the implications of unethical behaviour and how to work in an ethical manner 3. Models ethical behaviour consistently and across varied and complex situations, where limited precedents exist and judgment needs to be exercised based on multiple factors 4. Demonstrates ability to reflect on own values and beliefs and consider the need to re-evaluate and reassess work role and responsibilities when they no longer reflect current professional approaches or accepted knowledge 5. Maintains professional and ethically sound relationships with all colleagues and direct reports	 Recognizes others' ethical approaches and decision making to promote ethical behaviour and communicate the expectations of the organization Ensures appropriate policies are in place and acted upon regarding ethical conduct and consequences of misconduct Provides training and courses on ethical decision making for others in the field Documents and reports all instances of serious ethical violations or conduct by colleagues and professional associates, and takes appropriate actions to resolve situations Conducts appropriate supervisory sessions with others Ensures compliance of organizational and legislated policies with the highest ethical, legal and professional standards Implements organizational education initiatives and service changes to address inequities in service access and delivery as resources allow

ETHICAL CONDUCT AND PROFESSIONALISM

Providing professional services according to the principles and values of integrity, competence, accountability, respect and trust to safeguard both self and others. Includes the development of professionalism and ethical behaviour in self and others (e.g., individuals, groups, organizations, communities).

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	8.	Informs individuals fully of informed consent, confidentiality, service user rights and responsibilities, and professional responsibilities about legal and ethical conduct in a clear, respectful manner understandable to the individual			
	9.	Ensures the privacy and confidentiality of individual information and relationships are maintained except where disclosure is required under law or to protect the individual or others from clear and imminent danger			
SES	10.	Seeks out information or support when unclear about the appropriate action to take			
EXAMPLES	11.	Addresses false credentialing in colleagues and other professional associates and groups			
	12.	Identifies and addresses dual relationships and other ethical violations regarding colleagues and other professional associates and organizations			
	13.	Graciously declines gifts or similar indications of appreciation from individuals, except token gifts where culturally			

INTERPERSONAL RAPPORT

Establishing and maintaining professional relationships based on mutual respect and trust, appropriate sensitivity and transparency, empathy, and compassion with individuals using services, colleagues, professional associates and the greater community. Encompasses skills of tact, engagement and sensitivity in all encounters with others.

encounters with others.								
		1 = Foundational		2 = Developing		3 = Proficient		4 = Advanced
	 1. 2. 3. 4. 	Demonstrates emotional intelligence, including awareness of feelings, opinions, experiences and backgrounds of self and others; their impact; and how to manage them Understands how own opinions, feelings and biases can impact others Communicates in a respectful, honest and genuine manner Engages others in a nonjudgmental, non-threatening and sensitive	 1. 2. 3. 	Seeks to understand individuals' characteristics such as norms, culture, socio-economic and psychosocial context (and the interplay within each) when interacting with others Interprets others' body language and emotional cues, and adjusts approach as necessary Uses interpersonal skills and genuine interest in others to build relationships of mutual respect and	1. 2. 3.	Uses skills of self-motivation, assertiveness and leadership to advocate for groups and new resources as appropriate Respects and seeks to understand diverse points of view of others and their definitions of their needs and successes Engages others in relationships and dialogue, building rapport Is attuned to feelings and emotions of others that they might find difficult	2.	Fosters an environment where all staff members treat others in a compassionate manner and respect their privacy and dignity Uses interpersonal tact and diplomacy to foster and sustain positive relationships with individuals, groups, organizations and communities Establishes and builds upon collaborative relationships with key community contacts and
EXAMPLES	5.6.7.8.9.		4. 5.	relationships of mutual respect and trust Builds trust with others by consistently responding in a respectful and reliable manner Maintains relationships and engagement, even in challenging circumstances, maintaining a person's dignity	5.		 4. 5. 7. 	key community contacts and interdisciplinary organizations Takes a conflict-resolution approach in challenging situations Ensures inclusive relationship-building approaches are used with key partners, and assesses impact at individual, group and organizational levels Uses appropriate organizational resolution processes to resolve issues arising from interpersonal conflicts or violations of policy Models and cultivates an organizational environment of cultural safety in partnerships and collaborations with organizations representing individuals of diverse backgrounds

LEADERSHIP

Helping others achieve excellent results and creating enthusiasm for a shared vision and mission, even in the face of critical debate and adversity. Modelling professionalism and integrity. These qualities apply to both informal and formal leadership roles.

1 = Foundational 2 = Developing 3 = Proficient 4 = Advanced 1. Encourages and fosters 1. Leads by example, modelling 1. Cultivates flexibility, optimism 1. Cultivates an environment that encourages dialogue, valuing all team desired behaviours and acting with and empathy in the organization, change, innovation, improvement and members' input professionalism and integrity particularly through times of responsible risk-taking change 2. Brings excellent performance 2. Creates an environment where team 2. Sets strategic goals and develops and to the attention of the larger implements programs and change strategies members consistently push for 2. Engages others in articulating aligned with the strategic direction and vision team or organization improved team performance and the organization's vision and productivity values 3. Shows organizational and 3. Conducts needs analyses to determine if professional commitment, Sets clear and realistic goals, Takes responsibility for actions change is necessary, and identifies and and supports the vision and activities, timelines, deliverables and and decisions even when implements change strategies mission of the organization products, and accountabilities for unpopular Identifies and builds partnerships that support self and team 4. Openly shares information 4. Responds to requests for shared goals, including with government departments and a range of organizations direction during times of crisis on decisions and changes in 4. Recognizes good performance and a timely manner deals constructively with setbacks representing diverse perspectives 5. Demonstrates political acumen Enhances understanding of 5. Fosters a work environment where when interacting with internal Partners with change leaders and managers **EXAMPLES** and commitment to change all team members feel safe and and external partners in planning, implementing and evaluating among peers by involving included in contributing to dialogue interventions to improve organizational 6. Provides mentorship to emerging those affected by it and debate performance leaders to promote equitable. Leverages team members' 6. Advocates for the team to have the diverse and inclusive leadership Uses understanding of the dynamic strengths to collaborate with resources, information and support relationships, viewpoints and agendas (both 7. Ensures programs and goals are and inspire each other acknowledged and implicit) of partners in the needed to do their jobs aligned with the broader vision substance use and mental health fields to 7. Engages in ongoing 7. Challenges policies or approaches and priorities of the organization, further the organization's success professional development that present barriers to independent including organizational change opportunities for leadership action and decision making strategies 7. Advocates for or implements succession roles and responsibilities planning processes within the organization and Delegates responsibility Considers individuals' across the system Maintains an optimistic and according to others' skill competencies, interests and enthusiastic attitude, despite concerns in establishing team sets, strengths and expertise 8. Ensures organizational structure and processes challenges structures, roles and responsibilities whenever possible, rather support the organization's strategic direction than taking charge or microand change activities 9. Demonstrates willingness to 9. Designs and develops programs managing adopt change initiatives at and tools to promote team learning Monitors current developments and trends in during a change effort Eliminates or restructures the social-political environment of substance an early stage activities that do not support use and mental health that may affect 10. Builds support for and commitment implementation of organizational direction, the future success of the to new initiatives, including nonorganization change strategies, programs or plans traditional or innovative activities 10. Monitors individual succession plans, making adjustments and providing feedback as needed

LEADERSHIP

Helping others achieve excellent results and creating enthusiasm for a shared vision and mission, even in the face of critical debate and adversity. Modelling professionalism and integrity. These qualities apply to both informal and formal leadership roles.

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	 11. Identifies future leaders on own team and works collaboratively with team to develop equitable succession plans 12. Models cultural humility and respect for diverse identities, and implements culturally safe and equity-informed approaches in interactions with others 	11. Demonstrates cultural humility in personal development as a leader12. Provides mentorship to underrepresented groups	
EXAMPLES			

PERSON-CENTRED CARE

Supporting individuals to exercise choice in the services and supports they are seeking, and to practice self-determination in all aspects of their unique goal of well-being. Also described as service engagement led by individuals seeking services. For those who work with individuals seeking substance use, mental health or both services, this means supporting and collaborating with them to achieve their well-being goals. The service provider acts as a bridge and navigator to supports, knowledge, information and services.

116	Havigator to supports, knowledge, information and services.									
		1 = Foundational		2 = Developing		3 = Proficient		4 = Advanced		
	1.	Describes the fundamentals of the biopsychosocial model, recognizing that substance use and mental health are affected by many different factors and cannot be simply attributed to individual motivation	1.	Applies evidence-informed approaches grounded in a fundamental understanding of the biopsychosocial factors that affect substance use and mental health concerns	1.	Promotes evidence-informed and sustainable approaches to well-being Seeks opportunities to receive knowledge, input, guidance and support to improve services from	1.	Contributes to the knowledge base in the field (including staying current with emerging evidence and best practices on the biopsychosocial factors that affect substance use, mental health, concurrent		
EXAMPLES	3.4.5.6.	Understands evidence-informed approaches for varying degrees of substance use and mental health concerns Demonstrates specific knowledge of principles and approaches that are strengths-based, trauma- and violence-informed, equity-informed, culturally competent, and oriented toward well-being Understands the impacts of social determinants of health, including the role of families and other supports (including protective factors) in building resilience and achieving well-being Demonstrates the ability to establish trusted rapport and meet individuals where they are at; and respects the strength required to seek help Uses nonjudgmental, non-coercive and non-confrontational negotiation skills; person-first language; active listening skills; empathy; and a genuine interest in facilitating dialogue with individuals as they explore their situation and identify their concerns, needs and goals	 3. 	concerns Implements a safe; equitable; nonjudgmental; anti-racist; and trauma-, violence-, sex- and gender-informed supportive context to explore individual experiences openly, and ensures the individual's dignity is maintained throughout the process Collaborates with individuals to choose and make informed decisions about available services that will help them achieve their well-being goals, recognizing that not all services are readily available and may require wait times; provides support during wait times, as needed Works actively, consciously and diligently not to impose own personal biases and issues on individuals seeking help and support	 4. 	support to improve services from individuals with lived and living experience of substance use and mental health concerns and their families and friends Implements programs and services that reflect the value of family members, caregivers, peers and support systems to achieving well-being goals, and works with individuals to identify and develop the support systems they need to build resilience and achieve their goals independent of service providers Reviews and uses evidence-informed approaches to inform comprehensive prevention, intervention and postvention (these include medical, social and psychosocial at all levels required to achieve well-being, such as harm reduction and abstinence-based services, peer supports, referrals, housing, etc.), and uses an approach aimed at facilitating individual empowerment Works actively to create an equitable and safe environment in service delivery, and works to reduce	 3. 4. 	concerns, person-centred care, etc.), and ensures knowledge and best practices are understood and adopted organization-wide Strategically and systematically evaluates emerging and long-term opportunities for and threats to meeting individuals' needs, integrating results from emerging evidence and understanding Acts as an organizational advocate and change agent for progressive person-centred, well-being-oriented approaches and interventions, and works with external service providers to mitigate barriers to accessing treatment and support In consultation with individuals who use services, assesses, enhances, evaluates and renews the person-centred care model and service delivery standards and processes as needed Demonstrates leadership within the organization and with partners to cultivate a culture of safety and to prevent or address stigma toward individuals with diverse backgrounds by developing and implementing		
	1.	Recognizes the systemic factors that increase the likelihood for individuals to experience harm from substance use and mental health concerns				stigma through education, peer engagement and collaboration with a diverse range of individuals and their families and friends		policies to address all forms of stigma in the workplace		

PLANNING AND ORGANIZING

Identifying and prioritizing tasks, developing and implementing plans, evaluating outcomes, and adjusting activities to achieve objectives.

1 = Foundational		2 = Developing	3 = Proficient	4 = Advanced		
EXAMPLES	 Plans and organizes assigned work according to pre-determined standards or procedures Assesses work priorities for self, and seeks clarity as needed Adheres to set timeframes Accesses available resources, including partnerships with others, organizations, partners, and evidence-informed guidelines and documents Communicates with leadership regularly about the status and feasibility of work Uses time and resources efficiently 	 Balances multiple duties and tasks effectively and efficiently Prioritizes and distinguishes between urgent and non-urgent tasks Analyzes work and breaks projects into smaller tasks to facilitate completion Identifies needed resources and establishes timelines Identifies relevant partners and cultivates relationships as appropriate Continually plans for effective accomplishment of next steps; anticipates work needs and prioritizes in accordance with the organization's goals Makes needed adjustments to timelines, steps and resource allocation Routinely updates team members, colleagues and leadership of work status and progress as required Consistently reflects on activities to ensure they are consistent with objectives Evaluates outcomes of activities on a regular basis 	 Manages a wide range of complex tasks and services effectively and efficiently, using both formal and informal channels to achieve them, as appropriate Identifies the varied resources needed to deliver services (e.g., different types of expenditures and skill mixes), taking into account group members' skills, needs and, if possible, preferences Produces realistic and achievable work plans, accurately assessing scope of work and difficulty of tasks, and establishes priorities for self Monitors and evaluates outcomes, activities and use of resources Develops back-up plans to handle potential obstacles, and renegotiates commitments or timelines, as circumstances dictate Updates co-workers, management and partners regularly on status of work and programs 	 Plans and organizes at a strategic level, developing business plans for the organization Secures, allocates and co-ordinates service or project resources in line with strategic direction Ensures systems are in place to capture the information and evidence needed to monitor and evaluate progress, outcomes and use of resources Ensures services are evaluated to track progress, outcomes and optimal use of resources, and that adjustments are made as needed Determines and communicates objectives, priorities and strategies that provide direction for the organization Ensures outcomes are evaluated Challenges unsound and inefficient organizational policy and approaches, and suggests change strategies 		

SELF-CARE

Deliberately and continuously applying professional and personal principles of well-being. Intentionally supporting others to sustain optimal well-being, while maintaining physical, mental, spiritual and emotional health.

SELF-MANAGEMENT AND SELF-REFLECTION

Appropriately managing one's own feelings, thoughts and behaviours; responding in a supportive manner to a broad range of challenging circumstances. Encompasses self-regulation and mindfulness.

Encompasses self-regulation and mindfulness.									
		1 = Foundational		2 = Developing		3 = Proficient		4 = Advanced	
	1.	Describes how own thoughts and feelings impact each other and what is said and done	1.	varied situations	1.	Consistently practices positive self- management and professionalism	1.	Models self-management to others in managing and de-escalating situations	
	2.	Acknowledges own personal triggers and how and where own values, opinions and unconscious biases could impact perceptions and	2.	Uses emotional intelligence to check personal and situational triggers and biases early, and acts to overcome these to achieve positive outcomes for self and others	3.	Supports others in honing their self- management skills and coping with difficult situations Applies positive, strengths-based strategies to diffuse difficult	2.	Provides unconscious bias training and encourages and participates in the development of more awareness in others	
	3.	interactions Remains respectful of self and others from a diversity of backgrounds	3.4.	Assesses issues and situations to choose the appropriate response Practices self-reflection and stressmanagement behaviours to mediate	4.	situations Routinely reflects on self- management challenges and strategies to diffuse difficult situations	3.	and organizations Implements and evaluates stress-management and self- management programs that	
(O	4.	Uses stress-management techniques and outlets, and works toward developing and honing personal resilience skills		own stress response	5.	for improvement Continuously reflects on biases as they apply to work situations	4.	are aligned with organizational values and initiatives/policies Promotes and creates an environment in which wellness,	
EXAMPLES	5.	Acts consistently within professional and personal boundaries			6.	Continuously works toward developing and honing personal resilience and emotional health in		balance, cultural safety and a positive, respectful workplace are valued	
EXA	6.	Develops personal coping strategies to maintain a positive and calm demeanour and approach in difficult circumstances				self and others	5.	Discusses individual behaviours and impacts with staff in self-management	
	7.	Recognizes when to remove self or others from a challenging situation and when to seek assistance					6.	Creates a safe space for discussions around self-management	
	8.	Seeks out and uses supervision appropriately and as needed							

SELF-MOTIVATION

Remaining motivated and focused on goals despite obstacles, resistance and setbacks.

1 = Foundational			2 = Developing		3 = Proficient	4 = Advanced		
1. 2. 3. 4. 5. S.	problems rather than ignoring them Demonstrates the ability to seek solutions when faced with obstacles Maintains energy and work commitment throughout the workday	3.4.5.6.	motivation for action by proactively moving activities and issues forward Perseveres in the face of difficult circumstances to achieve desired results Uses a repertoire of evidence-informed approaches to tackle challenging situations and reach equitable outcomes	 2. 3. 6. 	Provides positive role modelling, including sharing lessons learned to encourage and promote perseverance of colleagues when confronted with challenges Anticipates potential obstacles and problem solves to overcome them to achieve desired results Reassesses own behaviour and approach when facing challenges, setbacks or biases Assists others in analyzing past successes, biases and challenges to assist them in modifying their approach or method Continually searches for additional solutions and approaches Consistently works toward better approaches and outcomes		Identifies and acts on opportunities to improve processes to achieve better approaches and equitable outcomes Guides others toward resources in support of reaching desired outcomes Provides expertise to staff on refocusing their approach or modifying their behaviours to reach desired outcomes Excels in own performance and establishes increasingly challenging goals Models self-motivation in challenging situations Demonstrates long-term thinking and visioning that promotes the development of the substance use and mental health fields and workforces	

TEAMWORK

Working productively with others within and across organizational units to achieve common goals; demonstrating respect, collaboration and inclusivity.

1 = Foundational		2 = Developing			amon goals; demonstrating respect, 3 = Proficient	4 = Advanced		
 Interacts hone others, showing respect for incommendation. Willingly share and assists of an assists of the shares. Co-ordinates others. Shares all relecte am member. Listens to othe interruption, polistening. Supports team. 	estly and fairly with ng consideration and dividual differences es the workload with ther team members own work with that of evant information with rs ers' viewpoints without bractising active	 1. 2. 3. 4. 7. 	Consistently supports team's purpose and proactively acts to positively influence team results Proactively offers assistance to team members when needed Actively keeps team members informed of the status of own tasks that are connected to and could have an impact on the work of others Seeks and values input, involvement and expertise from a diversity of perspectives, demonstrating a willingness to learn from other team members Offers constructive suggestions and opinions in response to ideas presented Gives credit to and acknowledges contributions and efforts of other team members	 1. 2. 4. 7. 8. 		 3. 4. 	Guides others in developing effective teamwork approaches Develops protocols and procedures that support and enhance teamwork within the organization Actively models equitable and inclusive teamwork and communication Values, rewards and recognizes team successes through organizational initiatives Facilitates collaboration across teams to achieve common goals and break down structural, functional, equity-related and cultural barriers between teams; promotes the sharing of expertise and resources Proactively addresses team conflict with tact and sensitivity	