Cannabis and Other Substances

Cannabis used with other substances can lead to negative impacts on your health.

**ALCOHOL**

Using cannabis with alcohol can increase your risk of over-intoxication and impair your ability to drive safely.

**TOBACCO**

Smoking cannabis with tobacco increases exposure to chemicals that can further your risk of developing lung and heart disease.

Using cannabis with tobacco can increase the risk for dependence on these substances more than smoking either one alone.

**OTHER**

Using cannabis with drugs (e.g., MDMA, cocaine, opioids, heroin, etc.) can lead to interactions that can be dangerous to your health.

If you choose to use cannabis, be aware of the risks of mixing with other substances.

Learn about the health effects of cannabis at ccsa.ca/cannabis and canada.ca/cannabis

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