

Cannabis and Other Substances

Cannabis used with other substances can lead to negative impacts on your health.

ALCOHOL



Using cannabis with alcohol can increase your risk of **over-intoxication** and impair your ability to drive safely.

TOBACCO



Smoking cannabis with tobacco increases exposure to chemicals that can further your risk of developing **lung and heart disease**.

Using cannabis with tobacco can increase the risk for dependence on these substances more than smoking either one alone.

OTHER



Using cannabis with drugs (e.g., MDMA, cocaine, opioids, heroin, etc.) can lead to **interactions** that can be **dangerous to your health**.

If you choose to use cannabis, be aware of the risks of mixing with other substances.



Canadian Centre
on Substance Use
and Addiction

Learn about the health effects of cannabis at
ccsa.ca/cannabis and canada.ca/cannabis

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