

Inventory of Guidelines on the Treatment of Harms Resulting from Prescription Drug Use

March 2015

First Do No Harm Treatment Implementation Team

camh

Centre for Addiction and Mental Health
Centre de toxicomanie et de santé mentale


NOVA SCOTIA
CANADA

 Canadian Centre
on Substance Abuse



Introduction

The First Do No Harm Treatment Implementation Team has developed the Inventory of Guidelines on the Treatment of Harms Resulting from Prescription Drug Use. The inventory is organized according to topics that include the treatment of pain, substance dependence, withdrawal management and medication-assisted treatment. The inventory is not exhaustive, but is an index to the work that has been undertaken to develop guidelines relevant to these issues.

The inventory provides easy access to guidelines from credible organizations that can inform the best practices of those providing treatment through prescription drugs. Further, the inventory will help identify gaps where knowledge is needed and service could be improved.

The Treatment Implementation Team will continue to update the inventory as new guidelines come to our attention or are developed, and would appreciate your input on any guidelines you feel should be included. We have not evaluated the quality of the guidelines cited in the inventory; if we are able to perform an evaluation later, we will update the inventory accordingly.

We hope this inventory will be useful to you and you will share it with others who might benefit from it. Please contact Sheena Gereghy, sgereghy@ccsa.ca, if you have any suggestions for inclusion or to let us know if and how you are using the inventory.

The First Do No Harm Treatment Implementation Team is comprised of physicians specializing in addiction, psychologists, pharmacists, and nurse practitioners who are all committed to reducing the harms of prescription drugs.



Inventory of Guidelines on the Treatment of Harms Resulting from Prescription Drug Use

Title and Date Produced	Description and Location	Source	Audience
Opioid Substitution Therapy – Provincial Methadone Maintenance Program Guidelines			
Methadone Maintenance Program: Clinical Practice Guideline (2014)	Guidelines to assist physicians in safely and effectively prescribing methadone for opioid dependence. https://www.cpsbc.ca/files/pdf/MMP-Clinical-Practice-Guideline.pdf	College of Physicians and Surgeons of British Columbia	Physicians
Alberta Methadone Maintenance Treatment: Standards and Guidelines for Dependence (2014)	Standards for physicians in the use of methadone to treat opioid dependence. http://www.cpsa.ab.ca/Libraries/pro_methadone/alberta-mmt-standards-guidelines.pdf?sfvrsn=4	College of Physicians and Surgeons of Alberta	Physicians
Methadone Maintenance Treatment Program Standards and Clinical Guidelines (2011)	Provides standards for clinical practice and guidelines that include recommendations and education references to assist the physician in making clinical decisions about patient care. http://www.cpsa.on.ca/uploadedFiles/members/MMT-Guidelines.pdf	College of Physicians and Surgeons of Ontario	Physicians
Buprenorphine/Naloxone for Opioid Dependence: Clinical Practice Guideline (2012)	Provides clinical recommendations for the initiation, maintenance and discontinuation of buprenorphine/naloxone maintenance treatment in the ambulatory treatment of adults and adolescents with opioid dependence. http://knowledgex.camh.net/primary_care/guidelines_materials/Documents/buprenorphine_naloxone_gdlns2012.pdf	Centre for Addiction and Mental Health	Physicians, pharmacists
Utilisation de la méthadone dans le traitement de la toxicomanie aux opiacés (1999) Modifications aux lignes directrices (2004)	Guidelines for physicians in the use of methadone to treat opioid dependence. http://www.cmq.org/Public/profil/commun/AProposOrdre/Publications/~media/4CF7E2D1B394417D91B8AC7767D00976.ashx?71015 http://www.opq.org/cms/media/811_38_fr-ca_0_ld_methadone_modif.pdf	Collège des médecins du Québec	Physicians
La buprénorphine dans le traitement de la dépendance aux opioïdes (2009)	Guidelines for physicians in the use of buprenorphine to treat opioid dependence. http://www.opq.org/cms/Media/808_38_fr-CA_0_ld_buprenorphone.pdf	Collège des médecins du Québec and Ordre des pharmaciens du Québec	Physicians, pharmacists



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Methadone Maintenance Treatment Standards and Guidelines (2013)	Introduces standards for methadone maintenance treatment (MMT) that reflect experience in Newfoundland and Labrador and across Canada. http://www.cpsnl.ca/userfiles/file/Methadone%20Maintenance%20Treatment%20Standards%20and%20Guidelines%20-%20CPSNL%20-%20March%2014,%202013%20-%20Final.pdf	College of Physicians and Surgeons of Newfoundland and Labrador	Physicians
Guideline – Prescribing Buprenorphine (2011)	Guidelines for physicians considering prescribing buprenorphine to their patients for the management of opioid dependence. http://www.cpsnl.ca/default.asp?com=Policies&m=340&y=&id=63	College of Physicians and Surgeons of Newfoundland and Labrador	Physicians
CPSNS Methadone Maintenance Treatment Handbook (2012)	Standards for physicians in the use of methadone to treat opioid dependence. http://www.cpsns.ns.ca/DesktopModules/Bring2mind/DMX/Download.aspx?Command=Core_Download&EntryId=62&PortalId=0&TabId=180	College of Physicians and Surgeons of Nova Scotia	Physicians
Methadone Maintenance Treatment Services: Standards of Practice for Community Pharmacies in Nova Scotia (2011)	Standards provide pharmacists with the processes for providing MMT for substance dependence in a safe and effective manner, in compliance with the relevant legislation and consistent with best practices. http://www.nspharmacists.ca/standards/pdf/mmt-standards-of-practice.pdf	Nova Scotia College of Pharmacists	Pharmacists
Opioid Substitution Therapy – Other			
Opioid Dependency Program: Information for Physicians (2014)	Information on methadone for physicians. http://www.albertahealthservices.ca/ps-1000286-opd-info-for-physicians.pdf	Alberta Health Services	Physicians
Opioid Dependency Program: Information for Pharmacists (2010)	Information on methadone for pharmacists. http://www.albertahealthservices.ca/ps-1000286-opd-info-for-pharm.pdf	Alberta Health Services	Pharmacists
Opioid Dependency Program: Information for Professionals (2014)	Information on methadone and Suboxone® for professionals. http://www.albertahealthservices.ca/ps-1000286-opd-info-for-profess.pdf	Alberta Health Services	Healthcare professionals
Methadone Prescriber Practice Review: Patient Assessment Checklist (2011)	Checklist for prescribers. http://www.cpso.on.ca/uploadedFiles/policies/guidelines/facilities/MethadonePrescriberPracticeReview.pdf	College of Physicians and Surgeons of Ontario	Physicians
Methadone Maintenance Treatment: Best Practices in Case Management (2009)	Tool for case managers that provides best practice guidelines for MMT. http://knowledgex.camh.net/amhspecialists/specialized_treatment/methadone_maintenance/mmt_case_management/Documents/mmt_case_management.pdf	Centre for Addiction and Mental Health	Case managers, senior leaders



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Methadone Maintenance Treatment: Recommendations for Enhancing Pharmacy Services (2009)	Identifies areas of pharmacy service in MMT in Ontario that could be enhanced at either the pharmacy or system level. http://knowledgex.camh.net/policy_health/substance_use/mmt_enhancing_pharmacy_services/Documents/mmt_enhancing_pharmacy_services.pdf	Centre for Addiction and Mental Health	Pharmacists
Methadone Maintenance Treatment: Community Planning Guide (2009)	Guides reader through the stages of establishing a community working group, engaging the community, and planning, implementing and evaluating a program with the community. http://knowledgex.camh.net/policy_health/substance_use/mmt_community_guide/Documents/mmt_community_guide.pdf	Centre for Addiction and Mental Health	Communities interested in MMT programs
Methadone Maintenance Treatment: Client Handbook (2008)	Information for clients, family and friends about MMT. http://knowledgex.camh.net/amhspecialists/resources_families/mmt_handbook/Documents/mmt_client_hndbk.pdf	Centre for Addiction and Mental Health	Clients using MMT, family and friends
Supporting Clients on Methadone Maintenance Treatment (2009)	Synthesizes the current evidence, and recommends best practices based on evidence for nurses working with youth, adult or older adult either already on MMT or those who are potential candidates for MMT. http://rmao.ca/sites/rmao-ca/files/Supporting_Clients_on_Methadone_Maintenance_Treatment.pdf	Registered Nurses' Association of Ontario	Nurses
Buprenorphine Hydrochloride for the Treatment of Opioid Dependence (2012)	Provides brief overview of opioid dependence treatment and expectations for physician training/education before beginning patient treatment. http://www.cpso.on.ca/policies-publications/policy/buprenorphine-hydrochloride-for-the-treatment-of-o	College of Physicians and Surgeons of Ontario	Physicians
Withdrawal Management Guidelines			
Adolescent Withdrawal Management Guidelines (2013)	Guidelines for provincial Withdrawal Management Units for Adolescents http://novascotia.ca/dhw/addictions/documents/Adolescent-Withdrawal-Management-Guidelines.pdf	Nova Scotia Department of Health and Wellness	Service providers, adolescent addiction workers
Prescription Drug Misuse/Substance Use Disorders			
SOGC Clinical Practice Guideline: Substance Use in Pregnancy (2011)	Provides evidence-based recommendations for managing substance use in pregnancy. http://sogc.org/wp-content/uploads/2013/01/gui256CPG1104E.pdf	Society of Obstetricians and Gynecologists of Canada	Healthcare providers



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Chat, Check, and Chart (2014)	Tools for pharmacists to assess drug therapy and identify prescription drug misuse. https://pharmacists.ab.ca/print-materials-tools	Alberta College of Pharmacists	Pharmacists
Addiction Clinical Consultation Service (2012)	Serves health and social service professionals, including physicians, nurses, psychologists, occupational health staff, social workers, correctional staff, addiction workers and others who care for clients who have alcohol and drug problems. http://www.camh.ca/en/hospital/care_program_and_services/addiction_programs/Page/Addiction-Clinical-Consultation-Service.aspx	Centre for Addiction and Mental Health	Professionals working with those with alcohol and drug problems
Community Wellness Development Team: Tool Kit (2012)	Outlines a community development approach through a multidisciplinary team to respond to widespread illegal use and abuse of prescribed pain killers, principally OxyContin, in the remote First Nation communities of Northwestern Ontario. http://health.chiefs-of-ontario.org/sites/default/files/attachments/CWDT%20Toolkit_Final.pdf	Chiefs of Ontario	Those who want a pan-community approach to addressing substance use disorders
Répertoire des ressources en dépendances (2014)	Ce répertoire s'adresse à toute personne susceptible de référer des individus aux prises avec un problème de dépendance et devrait permettre d'orienter la personne en difficulté vers une ressource spécialisée. Il présente les ressources publiques qui offrent des services de traitement ainsi que les ressources privées ou communautaires d'hébergement en toxicomanie ou en jeu pathologique certifiées ou en processus de certification. http://www.dependances.gouv.qc.ca/index.php?repertoire_des_ressources_dependance	Santé et Service sociaux Québec	Those wishing to learn more about drug, alcohol and gambling problems
Documentation clinique (2013)	Various resources. http://www.cran.qc.ca/professionnels/documentation-clinique	Centre de recherche et d'aide pour narcomanes	Physicians, pharmacists
Outils cliniques (2013)	Various resources. http://www.cran.qc.ca/professionnels/outils-cliniques	Centre de recherche et d'aide pour narcomanes	Physicians, pharmacists
Pain Management			
Canadian Guideline for Safe and Effective Use of Opioids for Chronic Non-Cancer Pain (2010)	National guidelines to assist physicians in managing patients with chronic non-cancer pain. Part A: Executive Summary and Background http://nationalpaincentre.mcmaster.ca/documents/opioid_guideline_part_a_v4_5.pdf Part B: Recommendations for Practice http://nationalpaincentre.mcmaster.ca/documents/opioid_guideline_part_b_v5_6.pdf	National Opioid Use Guideline Group	Physicians



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Pharmacological Management of Chronic Neuropathic Pain – Consensus Statement and Guidelines from the Canadian Pain Society (2007)	Recommendations on the pharmacological management of chronic neuropathic pain. http://nationalpaincentre.mcmaster.ca/documents/PainResManag2007Spring12-113-21withLinks.pdf	Canadian Pain Society	Physicians
Evidence-based Guideline for Neuropathic Pain Intervention Treatments (2012)	Recommendations on interventional treatments for neuropathic pain. http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3401085/	Canadian Pain Society	Physicians
Canadian Guidelines for the Diagnosis and Management of Fibromyalgia Syndrome in Adults (2014)	Evidence-based guidelines for the diagnosis and management of fibromyalgia syndrome. http://fmguidelines.ca/	Canadian Fibromyalgia Guidelines Committee	Healthcare professionals
Recommendations for the Use of Methadone for Pain (2010)	Guidelines for physicians who wish to prescribe methadone in the management of pain. https://www.cpsbc.ca/files/pdf/Methadone-Program-Recommendations-for-the-Use-of-Methadone-for-Pain-PUBLIC.pdf	College of Physicians and Surgeons of British Columbia	Physicians
Better Choices, Better Health – Chronic Pain (2014)	Provides free workshops for people with chronic pain. http://www.albertahealthservices.ca/services.asp?pid=service&rid=1008382	Alberta Health Services	People with chronic pain
Chronic Pain Management Lecture Series (2014)	Gives clients a strong understanding about the nature of pain so that they can use this knowledge to better understand and better use information from other clinic programs. http://www.albertahealthservices.ca/services.asp?pid=service&rid=1008801	Alberta Health Services	People with chronic pain
Evidence-Informed Primary Care Management of Low Back Pain (2011)	This guideline for primary care providers make evidence-informed decisions about care of patients with non-specific, non-malignant low back pain. http://www.topalbertadoctors.org/cpgs/885801	Towards Optimized Practice	Primary care providers
Primary Care Management of Headache in Adults (2012)	This guideline for primary care providers make evidence-informed decisions about the prevention, assessment, diagnosis, and treatment of headache for patients in primary care. http://www.topalbertadoctors.org/cpgs/?sid=65&cpg_cats=88	Towards Optimized Practice	Primary care providers
Douleur chronique et opioïdes : l'essentiel (2009)	Guidelines for physicians on using opioids to treat chronic pain. http://www.cmq.org/fr-CA/MedecinsMembres/profil/commun/AProposOrdre/Publications/~/_media/Files/Lignes/Lignes%20douleur%20chronique%202009.ashx?51224	Collège des médecins du Québec	Physicians



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Nous sommes là pour vous!	Resources to improve the condition of people suffering from chronic pain. http://www.douleurchronique.org/index_aqdc.asp?node=2	Association québécoise de la douleur chronique	People with chronic pain.
Guidelines for the Use of Controlled Substances in the Treatment of Pain (2011)	Guidelines for physicians on using controlled substances to treat pain. http://www.cpsns.ns.ca/DesktopModules/Bring2mind/DMX/Download.aspx?Command=Core_Download&EntryId=13&PortalId=0&TabId=180	College of Physicians and Surgeons of Nova Scotia	Physicians
Guidelines for the Use of Methadone in Office-Based Management of Chronic Non-Cancer Pain (2006)	Guidelines for physicians on using methadone to treat chronic, non-cancer pain. http://www.cpsns.ns.ca/DesktopModules/Bring2mind/DMX/Download.aspx?Command=Core_Download&EntryId=3&PortalId=0&TabId=180	College of Physicians and Surgeons of Nova Scotia	Physicians
Guideline: Management of Chronic Non-Malignant Pain (2013) Guideline: Opioid Use in Chronic Non-Malignant Pain (2013)	Advice for physicians on managing patient pain. http://www.cpsnb.org/english/Guidelines/documents/ChronicNon-MalignantPain.pdf	College of Physicians and Surgeons of New Brunswick	Physicians
Other			
Supplemental Standards of Practice for Schedule II and III Drugs (2005)	Provides standards of practices for a pharmacist when consulted on using medications in each drug schedule. http://napra.ca/Content_Files/Files/SupplementalStandardsofPracticellandIII-June2005.pdf	National Association of Pharmacy Regulatory Authorities	Pharmacists
Harm Reduction for Psychoactive Substance Use (2013)	Policy establishes harm reduction as an important component in the continuum of care. https://extranet.ahsnet.ca/teams/policydocuments/1/clp-harm-reduction-for-psychoactive-substance-use-policy.pdf	Alberta Health Services	Program and service delivery planners
Prescription Opioid Advice (2009)	Various resources on using opioids to treat pain, as well as ways to prevent addiction, and assess and manage those who have become addicted. http://knowledgex.camh.net/opioid_alert/Pages/default.aspx	Centre for Addiction and Mental Health	Physicians

